



Bonnington

DUBLIN



Rise & Shine



FRESH FRUIT JUICE

- Orange
- Apple
- Pineapple
- Still Water



HOT DRINKS

- Pot of Coffee
- Breakfast Tea
- Herbal Tea
- Earl Grey

CONTINENTAL

SELECTION OF CEREALS

Corn Flakes, Rice Krispies, Weetabix
(1,Wheat,9)

NATURAL YOGURT

(3)

SELECTION OF FRESH BREADS & JAMS

(1,Wheat)

FLAHAVANS OATMEAL PORRIDGE

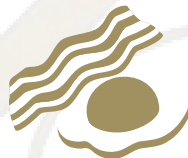
Served with Your CHOICE of Water or Milk,
Honey, & Seasonal Mixed Berries on the Side
(8,9,10)

FRUIT SALAD

SELECTION OF FRESH PASTRIES

Croissant, Pain au Chocolat & Pain au Raisin
(1,Wheat,3)

FRESH FRUIT



MAIN

FULL IRISH BREAKFAST

Bacon, Sausage, Beans, Mushrooms, Pudding, Hash Brown,
Eggs (Fried, Poached or Scrambled)
(1,Wheat,2)

VEGGIE BREAKFAST

Vegetarian Sausage, Beans, Mushrooms, Hash Brown, Eggs
(Fried, Poached or Scrambled)
(1,Wheat,2,5) (V)

SCRAMBLED/POACHED EGGS

Served with Smoked Salmon on
Homemade Wheat Bread
(1,Wheat,2)

All our meals are served with Toast

GF bread available

Please inform our server of any allergies.
1 Gluten, 2 Eggs, 3, Milk, 4 Celery, 5 Soya,
6 Mustard, 7 Sulphite, 8 Sesame, 9 Nuts,
10 Peanuts, 11 Lupin, 12 Fish,
13 Shellfish, 14 Molluscs

PLEASE WEAR



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