













Orange

Apple

Grapefruit

Still Water

FRESH FRUIT JUICE

## CONTINENTAL

## **SELECTION OF CEREALS**

Corn Flakes, Rice Krispies, Weetabix (1,Wheat,9)

### **NATURAL YOGURT**

(3)

# **HOT DRINKS**

**SELECTION OF FRESH BREADS & JAMS** 

(1,Wheat)

SELECTION OF DRIED FRUITS & NUTS

(8,9,10)

FRUIT SALAD

**SELECTION OF FRESH PASTRIES** 

Croissant, Pain au Chocolat (1, Wheat, 3)

Pot of Coffee

Breakfast Tea

Green Tea

Earl Grey

**FRESH FRUIT** 



#### MAIN

#### **FULL IRISH BREAKFAST**

Bacon, Sausage, Beans, Mushrooms, Pudding, Hash Brown, Eggs (Fried, Poached or Scrambled) (1,Wheat,2)

## **VEGGIE BREAKFAST**

Vegan Sausage, Beans, Mushrooms, Hash Brown, Eggs (Fried, Poached or Scrambled) (1,Wheat,2,5) (V)

#### SCRAMBLED/POACHED EGGS

Served with Smoked Salmon on Porter Bread (1, Wheat, 2)

All our meals are served with Toast

GF bread available



Please inform our server of any allergies. 1 Gluten, 2 Eggs, 3, Milk, 4 Celery, 5 Soya, Mustard, 7 Sulphite, 8 Sesame, 9 Nuts, 10 Peanuts, 11 Lupin, 12 Fish, 13 Shellfish, 14 Molluscs





